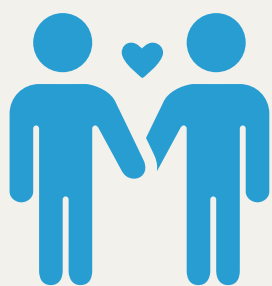


A CONCEPT ANALYSIS OF SELF-CONTROL IN THE SEXUAL RISK BEHAVIORS OF MEN WHO HAVE SEX WITH MEN (MSM)

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INTRODUCTION



Self-control is an important determinant to empower MSM to lessen HIV risk, fight psychosocial harm and violence, and promote self-acceptance and role preservation. However, self-control has varying definitions, characteristics, and usage in different fields.

AIM

To examine the attributes, antecedents, consequences, and empirical referents of self-control in the context of MSM's sexual risk behaviors.

METHOD

- Design: Walker and Avant's (2019) Concept Analysis Method
- Data Collection: Online systematic review of literature
- Paper Eligibility Criteria: (1) primary research studies (quantitative, qualitative, or mixed methods); (2) studies relevant to self-control and sexual behaviors; (3) studies involving the MSM population, which include gay or bisexual men, cisgender men, heterosexual men, and transgender men; and (4) studies published in English.
- Data Analysis: Thematic Analysis

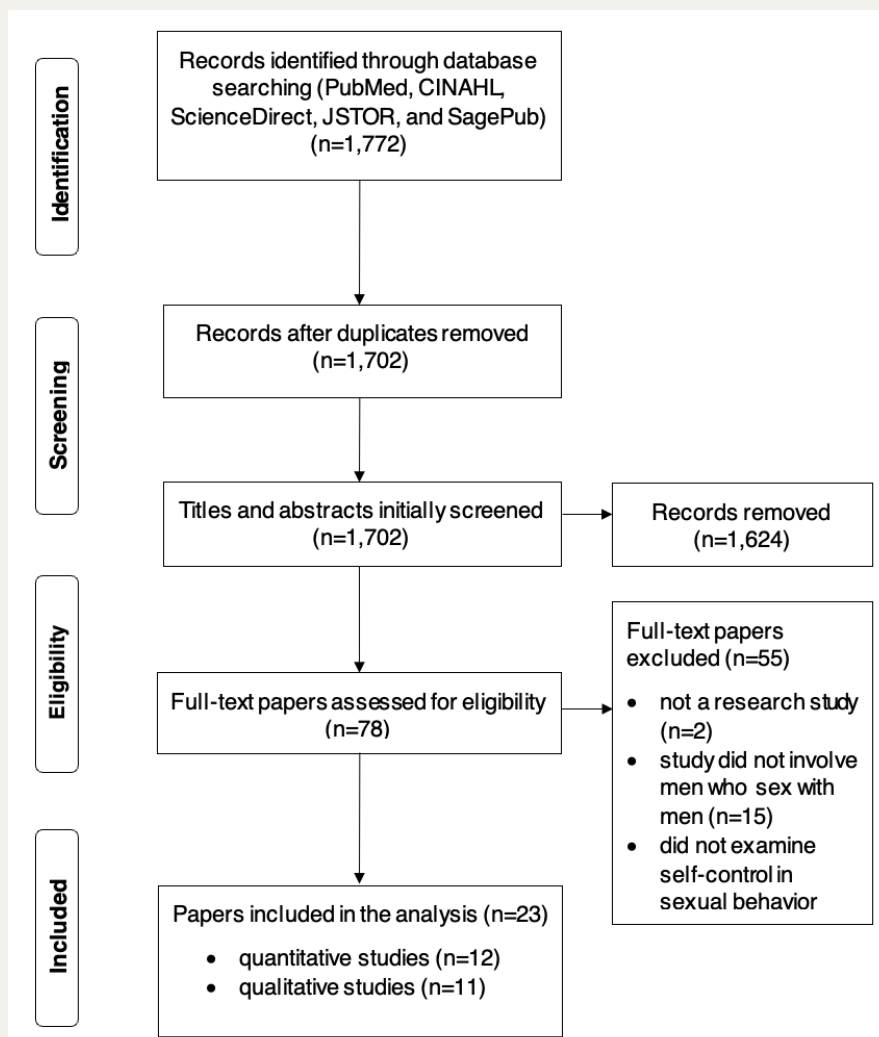


Figure 1. Flow of literature search

RESULTS AND DISCUSSION

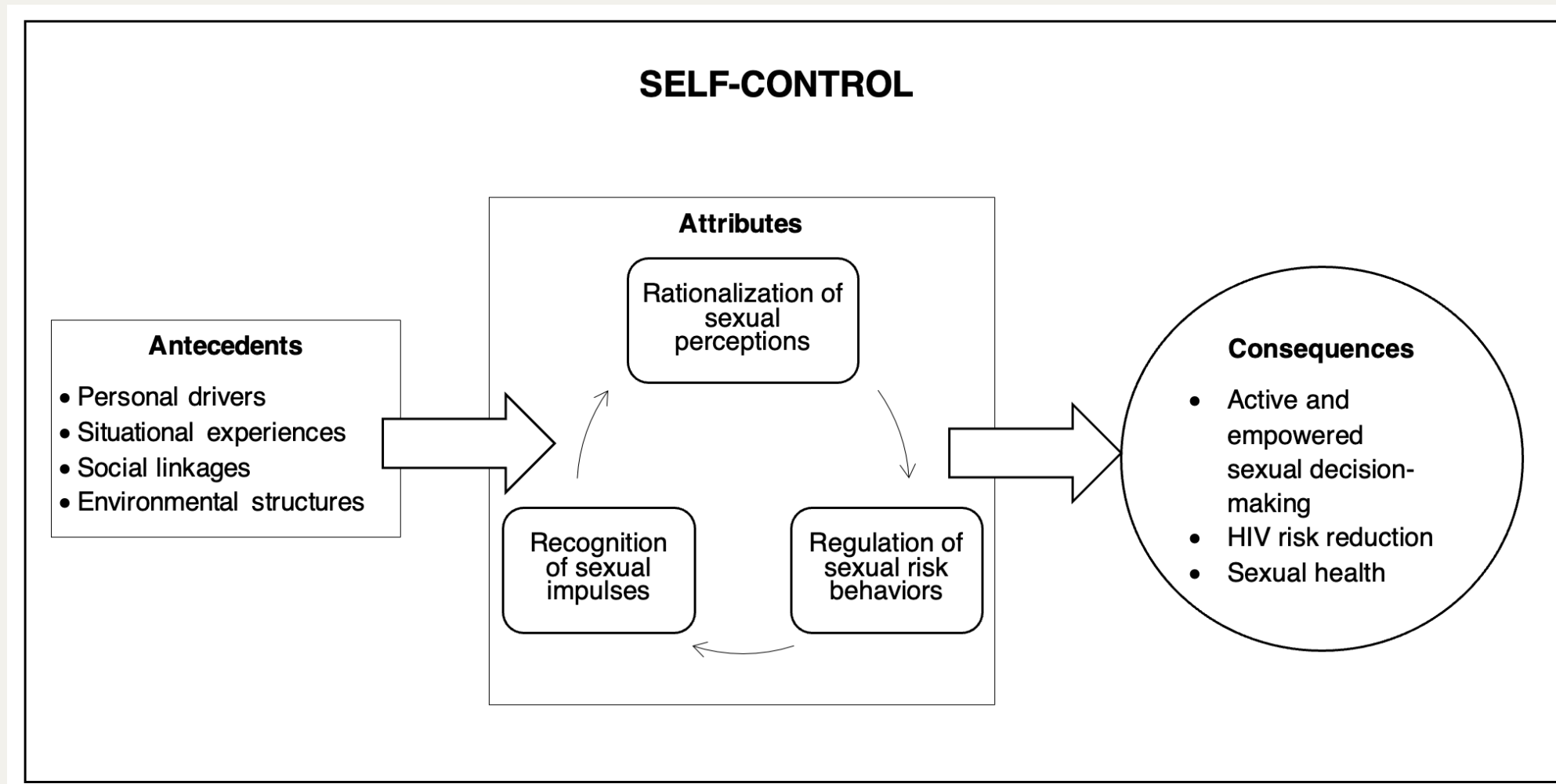


Figure 2. Antecedents, attributes, and consequences of self-control in the context of men who have sex with men's sexual risk behaviors

Self-control has been measured with instruments on compulsivity, impulsivity, or general self-control measure. Other studies have measured it with limited questions that might not reflect the wholeness of the self-control capacity. The diversity of instruments that describe and measure self-control is a potential threat to the concept's practical application and examination in the real-world setting.

CONCLUSION

Self-control empowers MSM to make self-directed and determined decisions and actions toward HIV risk reduction and sexual health promotion. Further testing and validation are valuable to refine and expound the model.

Reference: Walker, L. O., & Avant, K.C. (2019). Strategies for theory construction in nursing (6th ed.). Pearson.

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